What is it?
A great way for you to hang out with your friends, be active and learn new and important things about yourself!

Who is it for?
You, if you are a girl in 3rd-5th grade.
You, if you like to have fun, play running games and challenge yourself.
You, even if you have never run before!

You may wonder...
Do I already have to be a runner? No!
What if I don’t know any of the other girls? That’s ok, you’ll quickly get to know your teammates!

As a member of Girls on the Run you’ll get:
• A colorful t-shirt
• A water bottle
• Great snacks at meetings
• To run with your friends in a real 5K
• A 5K goody bag

Check out our website: www.gotrchicago.org

How to sign up:
Registration begins Feb. 1—go to www.gotrchicago.org to register

Program meeting days and times (rain or shine!):
Tuesdays & Thursdays 3:00-4:15 pm

Meeting place:
John C. Dunham STEM Partnership School

Program fee:
$35

*Financial assistance is available and can be applied for when registering for the program.

Start date:
March 3, 2015

For more information contact:
630-947-1240 or email stem@aurora.edu

Girls on the Run–Chicago is a 501(c)(3) non-profit organization whose mission is to inspire girls to be joyful, healthy and confident. Using a fun, experience-based curriculum which creatively integrates running, the innovative program combines training for a 5k event with interactive lessons that encourage positive social, emotional, mental and physical development.